



JacksonHouse

Packing List: What to bring to Jackson House & what to leave at home

We care about the safety of our clients, their loved ones and our staff. We want our clients to have everything they need but there are some items that should be left at home. Below is a list to help you know what to bring with you for your stay at Jackson House.

Allowed Items

- Insurance card and ID
- All of the medications you are currently taking in their prescription bottles
- Casual clothing for five to seven days *(we want all of our clients to be comfortable, so we ask our clients to please leave clothing at home that is overly revealing or promotes drug or alcohol)*
- Pajamas
- Toiletries
- If applicable, cigarettes *(please note, smoking is strictly monitored and only permitted in one, designated smoking area)*
- If available, please bring medical history & physical documentation from the past year
- Cell phone *(please note, cell phone use is only allowed during certain times of the day and cannot be disruptive to other clients)*

Prohibited Items

- Any media devices capable of taking pictures or videos
- Electronic cigarettes
- Laptops, iPads, e-readers, tablets, and other personal media devices
- Razor blades of any kind
- Sharp objects including sewing needles, scissors, etc.
- Valuables such as jewelry, we are not responsible for lost or stolen items
- Food, snacks, gum, mints or beverages of any kind
- Items containing alcohol such as mouthwash, perfume/cologne or aftershave
- Any chemical liquids such as nail polish or nail polish remover
- CDs, DVDs and videos
- Aerosol products including deodorant and hair spray
- Alcohol and illegal substances
- Firearms, weapons or any other supplies that would be considered harmful
- Any clothing that is dry clean only
- Sexually explicit materials or books unrelated to treatment
- Hair dryers
- Mirrors

Staff may prohibit additional items if they deem them to be potentially dangerous or harmful.